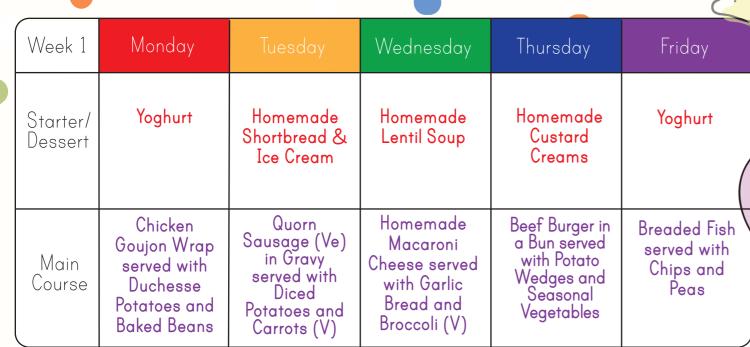
Friday

Thursday



Early Years Menu 2023-24





Unlimited vegetables, fruit and salad are available every day.

)	Starter/ Dessert	Yoghurt	Yoghurt	Bruschetta	Beetroot Brownie	Homemade Seasonal Vegetable Soup
	Main Course	Salmon and Sweet Potato Fish Cake served with Potato Wedges and Sweetcorn	Homemade Beef Cottage Pie served with Broccoli	Quorn Dipper Wrap served with Tomato Salsa and Seasonal Salad (V)	Cheese and Tomato Pizza served with Diced Potatoes and Seasonal Vegetables (V)	Fish Fingers with Chips and Peas

Wednesday

Unlimited vegetables, fruit and salad are available every day.



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Homemade Lentil Soup	Homemade Tiffin	Yoghurt	Yoghurt	Cheese and Crackers
Main Course	Pork Meatballs in Gravy served with Diced Potatoes and Broccoli	Homemade Arrabiata Pasta (Ve) served with Garlic Bread and Seasonal Vegetables (V)	Homemade Scottish Steak Pie served with Mashed Potatoes and Carrots	Homemade Chicken Curry with Rice, Pitta Bread and Sweetcorn	Salmon Nibbles served with Chips and Peas

Unlimited vegetables, fruit and salad are available every day.

All eggs are free range.

Week 2

All meat and poultry is UK Farm Assured.
All fish served is certified by Marine
Stewardship Council.
Water is available daily.

Monday

(V) - Vegetarian choice (Ve) - Vegan choice

All Early Years pupils are now entitled to a free school meal. For more information, please contact the school office, or visit the website. This menu is compliant with The Setting the Table Guidance for Early Years. This ensures more access to fruit and vegetables, reduction in sugar, red and red processed meat and ensures our children and young people have access to an appropriate amount of nutrients such as iron and vitamins.

The menu meets the standard required by the Soil Association Catering Mark Bronze Award, which promotes freshly made, sustainable and farm assured meals.



If your child has a food allergy, please contact the school office.
Full details about our school meals can be found on our website

https://www.argyll-bute.gov.uk/education-and-learning/schools/school-meals

