

DID YOU KNOW...



All eggs are Free Range

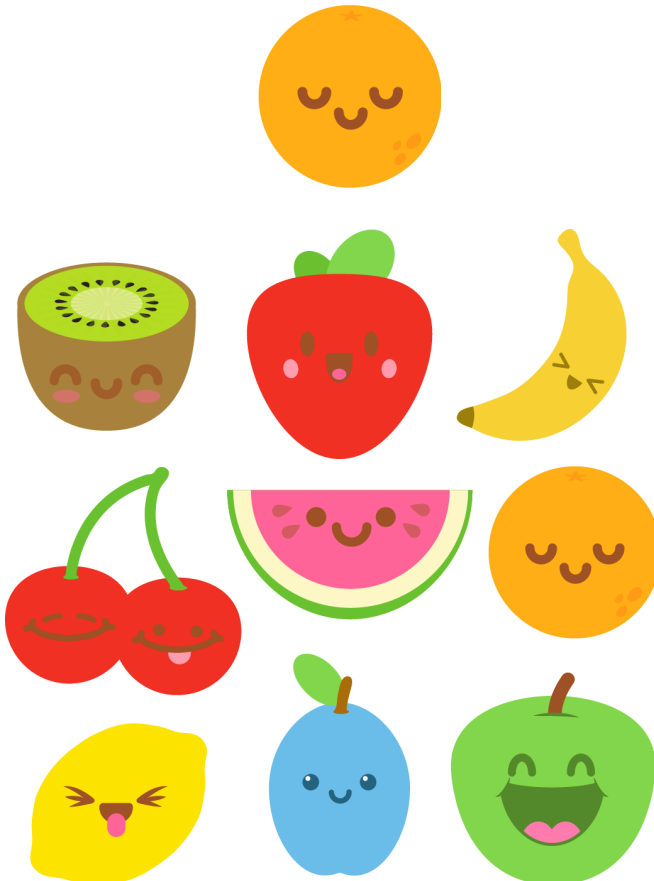
All fish are Marine Stewardship Council certified

All beef served is Scottish and all Meat and Poultry is UK Farm Assured

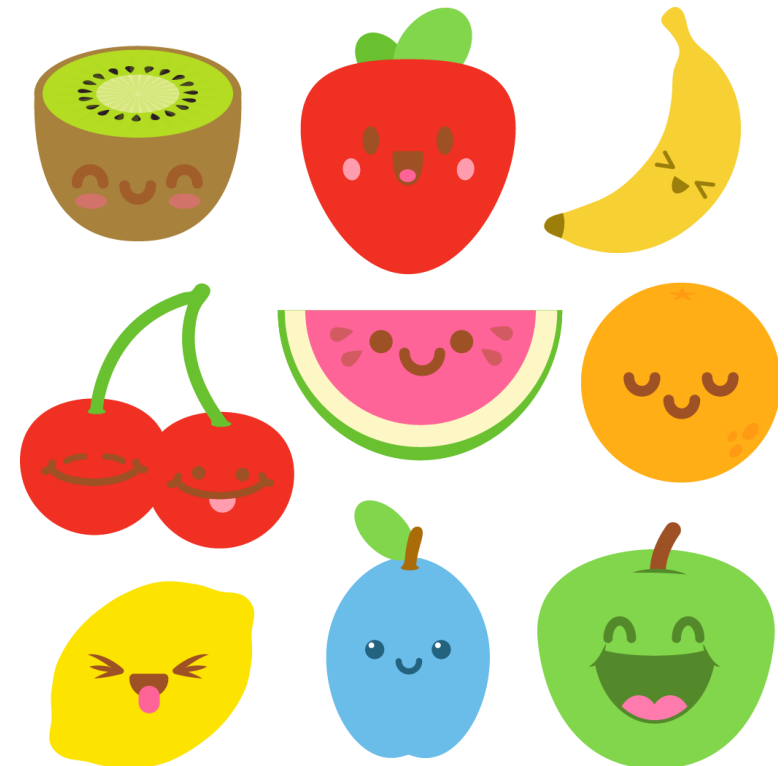
Allergies and Special Diets

If your child has a food allergy, please notify the school. All catering managers are trained on allergy awareness, and every effort will be made to accommodate your child's needs. Full allergy and recipe information is available for all dishes at www.argyll-bute.gov.uk/primary-school-meals-menu

We Welcome Feedback you may have. If you have any suggestions or require any information, please visit our website or contact us on Catering@argyll-bute.gov.uk



Early Years Menu 2021-2022



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Cheese and Crackers (v)	Yoghurt and Fresh Fruit	Homemade Shortbread Biscuit	Apple Sponge and Custard	Homemade Lentil Soup with Bread/Roll (v)
Main Course	Homemade Tomato Pasta Bake (v)	Roast Chicken with Gravy	Homemade Scottish Steak Pie	Homemade Macaroni Cheese (v)	Breaded Fish
Also Available	Garlic Bread Peas Water	Duchess Potatoes Broccoli Water	Mashed Potatoes Carrots Water	Garlic Bread Green Beans Water	Chips Sweetcorn Water

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Homemade Tomato Soup with Bread/Roll (v)	Ice Cream and Fresh Fruit	Chicken Noodle Soup with Bread/Roll	Yoghurt and Fresh Fruit	Homemade Oatie Biscuit
Main Course	Homemade Macaroni Cheese (v)	Folded Omelette (v)	Homemade Scottish Steak Pie	Homemade Chicken and Sweet Potato Curry	Breaded Fish
Also Available	Saute Potatoes Carrots Water	Potato Wedges Sweetcorn Water	Baby Boiled Potatoes Broccoli Water	Boiled Rice Green Beans Water	Chips Peas Water

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Yoghurt and Fresh Fruit	Homemade Lentil Soup with Bread/Roll (v)	Homemade Berry Cookie	Tiffin	Ice Cream and Fresh Fruit
Main Course	Homemade Chicken Pie	Veggie Balls with Tomato Sauce (v)	Sausage and Gravy	Breaded Chicken Grill	Salmon Fish Fingers
Also Available	Baby Boiled Potatoes Roast Vegetables Water	Diced Potatoes Carrots Water	Mashed Potatoes Broccoli Water	Duchess Potatoes Sweetcorn Water	Chips Peas Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Corn on the Cob	Yoghurt and Fresh Fruit	Vegetable Soup with Bread/Roll (v)	Caramel Shortcake	Ice Cream and Fresh Fruit
Main Course	Pizza (v)	Baked Potato with a Choice of Fillings (v)	Beef Meatballs in Gravy	BBQ Chicken Fillet	Salmon Fish Fingers
Also Available	Duchess Potatoes Broccoli Water	Selection of Salads Water	Baby Boiled Potatoes Green Beans Water	Diced Potatoes Broccoli Water	Chips Sweetcorn Water